

Barbara Lister-Sink

In Concert



Friday, March 13, 2026

7:00 PM

White-Helms Chapel

Wesley

Des Moines, Washington

Barbara Lister-Sink, Ed.D., internationally is an acclaimed pianist and an acknowledged global leader in injury-preventive keyboard technique, is a graduate of Smith College, the Utrecht Conservatory and holds an Ed.D. from Columbia University. Her teachers include Margaret Mueller, Clemens Sandresky, John Duke, Edith



Lateiner-Grosz, and Guido Agosti. A Steinway Artist since 1977, Lister-Sink has performed and recorded as soloist and with many of the world's most distinguished musicians throughout North America, Europe, and Australia. Her DVD *Freeing the Caged Bird – Developing Well-Coordinated, Injury-Preventive Piano Technique* won the 2002 MTNA-Frances Clark Keyboard Pedagogy Award. She has taught on the Eastman School of Music Artist Faculty and was formerly keyboardist for the Royal Concertgebouw Orchestra. A previewer for Oxford University Press, Lister-Sink has written articles for the *Piano Magazine*, *The American Music Teacher*, and *European Piano Teachers Association Piano Journal*.

Lister-Sink was chosen by Musical America Global as one of America's "30 Top Professionals of 2018" who have contributed to the music profession as innovators, independent thinkers, and visionary leaders. She has appeared as convention artist and/or clinician at over 25 state MTA conventions, and is a frequent presenter at national and international conferences such as NCKP,

MTNA, ISME and PAMA. Recent or upcoming concerts and presentations include Atlanta; Chicago; Philadelphia; St. Louis, MO; Columbia, SC; New York City; London, England; Helsinki, Finland. She currently directs Salem College's Graduate Music Program and first and only Masters of Music in Pedagogy & Performance with an Emphasis in Injury-Preventive Technique in the US, and will celebrate 40 years at Salem in a gala recital April 10, 2026. Lister-Sink has dedicated her life to helping thousands of keyboardists worldwide remove technical obstacles and enhance their musical artistry.

Additionally, Lister-Sink is a visual artist whose work is frequently exhibited. She is also a fitness and gym enthusiast who enjoys power-lifting and ballroom dancing.

.....

The Wesley Community Foundation cordially invites you to a reception following the concert.

This concert is sponsored jointly by the Seattle and Tacoma chapters of the American Guild of Organists, along with the Wesley Community Foundation.

On Saturday, March 14, 9:00 AM – 4:00 PM, Dr. Lister-Sink will facilitate a workshop in the White-Helms Chapel on prevention of keyboard-related injury. AGO members may attend at no charge but must register. Wesley residents may attend at no charge by wearing their nametag. Guests may pay a \$25 registration fee. Lunch registration has closed, but Wesley residents attending the workshop may have lunch at no charge.